

Simple Solutions



\$105 (70PV)
\$39 savings



What's INCLUDED:

DEEP BLUE® RUB

15ML LEMON

15ML ON GUARD®

15ML SERENITY®

WHOLESALE MEMBERSHIP

Using ESSENTIAL Oils Is Easy!



Breathe It In. | A

First, try using **Lemon** aromatically. Put a drop in your palms, rub your hands together, and cup them over your nose. Breathe in deeply.

Lemon | 15mL

Cleansing, inside and out*

- I Add a drop to a glass of water*
- T Use to wipe down surfaces
- A Inhale to improve mood



Put Some On. | T

Apply **Deep Blue® Rub** topically. Put a small amount in your palms, rub them together, and massage into the neck and shoulders. How do you feel?

Deep Blue Rub

Soothes targeted areas

- T Massage into muscles
- T Use before or after working out
- T Apply after a long workday



Take a Sip. | I

Next, use **dōTERRA On Guard®** internally. Put a drop in a glass of water, and take a refreshing sip.

dōTERRA On Guard | 15mL

*Boosts immune system**

- A Diffuse during fall and winter
- T Rub on the bottoms of feet
- I Add to water with honey to soothe throat*



Before Bed Tonight. | T

Rub **dōTERRA Serenity®** on the bottoms of your feet. For extra relaxation, apply a drop to the palms and inhale.

dōTERRA Serenity | 15mL

Supports restful sleep

- A Put a drop on your pillow
- T Add to an evening bath
- T Rub on your neck before bed



A=aromatic T=topical I=internal

HEALTHY START



\$160 (100PV)

\$25 SAVINGS

What's INCLUDED:

Brevi® Diffuser 5mL DigestZen® 5mL Oregano
5mL On Guard® 5mL Breathe® 5mL Deep Blue®
5mL Peppermint 5mL Lemon 5mL Lavender
5mL Frankincense 5mL Tea Tree
WHOLESALE MEMBERSHIP



Breathe It In. | A

First, try using **Peppermint** aromatically. Put a drop in your palms, rub your hands together, and cup them over your nose. Breathe in deeply.



Take a Sip. | I

Next, use **Lemon** internally. Put a drop in a glass of water, and take a refreshing sip.



Put Some On. | T

Now, apply **Deep Blue®** topically. Put a small amount in your palms, rub them together, and massage into the neck and shoulders. How do you feel?

TRANSFORM YOUR LIFE WITH NATURAL, NONTOXIC PRODUCTS



Peppermint | 5mL

Refreshing, cooling, invigorating

- T Apply to chest before exercise
- I Add a drop to your toothbrush
- T When tense, massage into temples



Lemon | 5mL

Cleansing, inside* and out

- I Add a drop to a glass of water
- T Use to wipe down surfaces
- A Inhale to improve mood



Deep Blue® | 5mL

Soothes targeted areas

- T Massage into muscles
- T Use before or after working out
- T Apply after a long workday



dotERRA Breathe® | 5mL

Feelings of easy breathing

- T Rub on chest or back
- A Diffuse at bedtime
- A Inhale directly from palms



DigestZen® | 5mL

Soothes stomach upset*

- I Add to water or tea
- T Rub on stomach
- I Take after a large meal



Lavender | 5mL

Calming, soothing, and relaxing

- A A drop on your pillow
- I Add two drops to nighttime tea
- T Apply to skin irritations



Frankincense | 5mL

Supports cellular health*

- I A drop under the tongue
- T Apply to blemishes
- A Diffuse for emotional grounding



dotERRA On Guard® | 5mL

Boosts immune system*

- A Diffuse during fall and winter
- T Rub on the bottoms of feet
- I Add to water with honey to soothe throat*



The Brevi® Stone Diffuser

Sleek oil diffuser

- Create an uplifting environment
- Purify the air in the kitchen or bathroom
- Use in your bedroom for a relaxing atmosphere



Tea Tree | 5mL

Cleanses, purifies, and rejuvenates

- T Apply to skin irritations
- A Use as a natural surface cleanser
- T Apply to hair and nails



Oregano | 5mL

Powerful immune-boosting support*

- I Take for antioxidant support*
- T Dilute and apply to bottoms of the feet
- I Take for immune support*

HEALTHY ESSENTIALS

\$249 (200PV)
\$83 SAVINGS



What's INCLUDED:

Adaptiv™ Calming Blend, Balance® Grounding Blend, Breathe® Respiratory Blend, Deep Blue® Soothing Blend, Copaiba, DigestZen®, Lavender, Lemon, On Guard® Protective Blend, Peppermint, The Petal® 2.0 Diffuser



Peppermint | 15mL

Refreshing, cooling, invigorating

- T Apply to chest before exercise
- I Add a drop to your toothbrush
- T When tense, massage into



Lemon | 15mL

Cleansing, inside* and out

- I Add a drop to a glass of water
- T Use to wipe down surfaces
- A Inhale to improve mood



Deep Blue® | 5mL

Soothes targeted areas

- T Massage into muscles
- T Use before or after working out
- T Apply after a long workday



Copaiba Top Seller! | 15mL

ESSENTIAL OIL
Copaifera reticulata, officinalis, coriacea, and langsdorffii

Copaiba, when taken internally, supports a healthy immune and cardiovascular system.*

- Provides antioxidant support when ingested*
- Helps soothe and support the nervous system when consumed*
- Promotes clear, smooth skin and reduces the appearance of blemishes

A T I S



Lavender | 15mL

Calming, soothing, and relaxing

- A A drop on your pillow
- I Add two drops to nighttime tea
- T Apply to skin irritations



doTERRA On Guard® | 15mL

Boosts immune system*

- A Diffuse during fall and winter
- T Rub on the bottoms of feet
- I Add to water with honey to soothe throat*



Adaptiv™ New! | 15mL

CALMING BLEND

When feelings of fatigue, restlessness, indecisiveness, or irritability appear, Adaptiv Calming Blend is part of the toolbox that will help create a sense of balance.

- Wild Orange, Lavender, Copaiba, Spearmint, Magnolia, Rosemary, Neroli, and Sweetgum
- Assists in centering
- Increases feelings of tranquility

A T I N



doTERRA Balance® | 15mL

GROUNDING BLEND

doTERRA Balance Grounding Blend has a warm, woody aroma that creates a sense of calmness and well-being.

- Features Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile, and Osmanthus in a base of Fractionated Coconut Oil
- Adds to a relaxing massage
- Creates a calming atmosphere

A T I N



doTERRA Breathe® | 15mL

Feelings of easy breathing

- T Rub on chest or back
- A Diffuse at bedtime
- A Inhale directly from palms



DigestZen® | 15mL

Soothes stomach upset*

- I Add to water or tea
- T Rub on stomach
- I Take after a large meal



Breathe It In. | A

First, try using **Peppermint** aromatically. Put a drop in your palms, rub your hands together, and cup them over your nose. Breathe in deeply.



Take a Sip. | I

Next, use **Lemon** internally. Put a drop in a glass of water, and take a refreshing sip.



Put Some On. | T

Last, apply **Deep Blue** topically. Put a drop in your palms, rub them together, and massage into the neck and shoulders. How do you feel?

HEALTHY HABITS

\$195 (125PV)
\$75 SAVINGS

WHAT'S INCLUDED:

- 5ML Lavender
- 5ML Frankincense
- TERRAZYME®
- 5ML Balance®
- LIFELONG VITALITY PACK®
- 5ML Lemon
- 5ML ON GUARD®
- DEEP BLUE RUB®
- PB ASSIST®
- WHOLESALE MEMBERSHIP



HEALTHY HABITS HEALTHY LIFE



Breathe It In. | A

First, try using **doTERRA Balance®** aromatically. Put a drop in your palms, rub your hands together, and cup them over your nose. Breathe in deeply.



Take a Sip. | I

Next, use **Lemon** internally. Put a drop in a glass of water, and take a refreshing sip.



Put Some On. | T

Now, apply **Deep Blue® Rub** topically. Put a small amount in your palms, rub them together, and massage into the neck and shoulders. How do you feel?



doTERRA Balance® | 5mL
Grounds and balances emotions

- A Inhale when feeling anxious
- A Diffuse during meditation
- T Apply to wrists for relaxation



Lemon | 5mL
Cleansing, inside and out*

- A Inhale to improve mood
- T Use to wipe down surfaces
- I Add a drop to a glass of water



Deep Blue® Rub
Soothes targeted areas

- T Massage into muscles
- T Use before or after working out
- T Apply after a lon



Microplex VMz®
Food nutrient formula of vitamins and minerals

Supports

- Healthy metabolism*
- Immune function*
- Cellular energy*



xEO Mega®
*Essential fatty acids and antioxidants**

Supports

- Healthy brain function*
- Cardiovascular system*
- Nervous system*
- Immune system*
- Joint health and mobility*



Alpha CRS+®
*Supports healthy cellular function**

Supports

- Healthy tissues and organs*
- Cellular function*
- Energy and vitality*
- Mental clarity and function*



Lavender | 5mL
Calming, soothing, and relaxing

- A A drop on your pillow
- T Apply to skin irritations
- I Add two drops to nighttime tea



Frankincense | 5mL
*Supports cellular health**

- A Diffuse for emotional grounding
- T Apply to blemishes
- I A drop under the tongue



doTERRA On Guard® | 5mL
*Boosts immune system**

- A Diffuse during fall and winter
- T Rub on the bottoms of feet
- I Add to water with honey to soothe throat*



DigestZen TerraZyme®
*Promote healthy digestion**

- This supplement is a blend of whole-food enzymes to promote the healthy digestion of food*
- Take one to three capsules with meals throughout the day



PB Assist+®
Powerful pre-biotic and pro-biotic

- Promotes beneficial bacteria within the body*
- Take three times daily with food (10 days at a time) to promote optimal digestive function and immune support*



HEALTHY HOME

TRANSFORM YOUR HOME WITH NATURAL, NONTOXIC PRODUCTS

\$350 (250PV)
\$90 SAVINGS

What's INCLUDED:

Salon Essentials® Shampoo+Conditioner, On Guard® Toothpaste, On Guard® Cleaning Concentrate, On Guard® Foaming Hand Wash+Pump, On Guard® Sanitizer, Brevi® Diffuser, 15mL Breathe®, 5mL Deep Blue®, 15mL DigestZen®, 15mL On Guard®, 15mL Frankincense, 15mL Lemon, 15mL Lavender, 15mL Tea Tree, 15mL Oregano, 15mL Peppermint Wholesale Membership



Breathe It In. | A

First, try using **Peppermint** aromatically. Put a drop in your palms, rub your hands together, and cup them over your nose. Breathe in deeply.



Take a Sip. | I

Next, use **Lemon** internally. Put a drop in a glass of water, and take a refreshing sip.



Put Some On. | T

Last, apply **Deep Blue** topically. Put a drop in your palms, rub them together, and apply to your hands, wrists, and shoulders.



Peppermint | 15mL
Refreshing, cooling, invigorating

- T Apply to chest before exercise
- I Add a drop to your toothbrush
- T When tense, massage into temples



Lemon | 15mL
Cleansing, inside and out*

- I Add a drop to a glass of water
- T Use to wipe down surfaces
- A Inhale to improve mood



Deep Blue® | 5mL
Soothes targeted areas

- T Massage into muscles
- T Use before or after working out
- T Apply after a long workday



dōTERRA On Guard® | 15mL
*Boosts immune system**

- A Diffuse during fall and winter
- T Rub on the bottoms of feet
- I Add to water with honey to soothe throat*



Lavender | 15mL
Calm, soothing, and relaxing

- A A drop on your pillow
- I Add two drops to nighttime tea
- T Apply to skin irritations



Frankincense | 15mL
*Supports cellular health**

- I A drop under the tongue
- T Apply to blemishes
- A Diffuse for emotional grounding



Tea Tree | 15mL
Cleanses, purifies, and rejuvenates

- T Apply to skin irritations
- T Use as a natural surface cleanser
- T Apply to your hair and nails



Oregano | 15mL
*Powerful immune-boosting support**

- I Take for antioxidant support*
- T Dilute and apply to bottoms of the feet
- I Take for immune support*



dōTERRA Breathe® | 15mL
Feelings of easy breathing

- T Rub on chest or back
- A Diffuse at bedtime
- A Inhale directly from palms



DigestZen® | 15mL
*Soothes stomach upset**

- I Add to water or tea
- T Rub on stomach
- I Take after a large meal



dōTERRA On Guard Toothpaste
Cleans and whitens teeth naturally

- Brush morning and night for reduced plaque and whiter teeth



dōTERRA On Guard Sanitizer Spray
Moisturizes and sanitizes

- Use to kill 99.9 percent of germs and bacteria
- Take when traveling and on the go



dōTERRA On Guard Cleaner Concentrate
Ultimate natural cleaner

- Use to clean the bathroom and kitchen
- Soak with dirty dishes in the sink
- Use as multi-purpose cleaner around the home

dōTERRA On Guard Foaming Hand Wash
Gentle, cleansing, refreshing

- Work to a lather with warm water and rinse thoroughly



dōTERRA Shampoo and Conditioner
Cleanse and fortify hair

- Essential oil-infused formula for soft hair and healthy-looking scalp



The Brevi® Stone Diffuser
Sleek oil diffuser

- Create an uplifting environment
- Purify the air in the kitchen or bathroom
- Use in your bedroom for a relaxing atmosphere

NATURAL SOLUTIONS



\$570 (400PV)
\$250 savings

What's INCLUDED:

10 ML bottles: Peppermint®
15 ML bottles:

Lavender, Lemon, Peppermint, On Guard®, Frankincense, Tea Tree, Wild Orange, Balance®, DigestZen®, Aromatouch®, Serenity®, Breathe®

On Guard® Beadlets, On Guard® Toothpaste, On Guard® Hand Wash +2 Dispensers, On Guard® Mouth Wash, On Guard® Sanitizer Spray, On Guard® Softgels

Lifelong Vitality Pack®, TerraZyme®, Deep Blue® Rub, Fractionated Coconut Oil (4 OZ), Spa Hand & Body Lotion, Lumo Diffuser, Spa Moisturizing Bath Bar (3PK), Wooden Box, Breathe® Vapor Stick, Correct-X®, PB Assist®+, Wholesale membership



Breathe It In. | A

First, try using **Peppermint** aromatically. Put a drop in your palms, rub your hands together, and cup them over your nose. Breathe in deeply.



Take a Sip. | I

Next, use **Lemon** internally. Put a drop in a glass of water, and take a refreshing sip.



Put Some On. | T

Now, apply **Deep Blue® Rub** topically. Put a small amount in your palms, massage into the



Lavender | 15mL
Calming, soothing, and relaxing

- A A drop on your pillow
- I Add two drops to nighttime tea
- T Apply to skin irritations



Frankincense | 15mL
Supports cellular health*

- I A drop under the tongue
- T Apply to blemishes
- A Diffuse for emotional grounding



Tea Tree | 15mL
Cleanses, purifies, and rejuvenates

- T Apply to skin irritations
- A Use as a natural surface cleanser
- T Apply to your hair and nails



Wild Orange | 15mL
Uplifts, energizes, and invigorates

- I Add a drop to a glass of water
- A Diffuse to improve mood
- A Inhale for an energizing boost



doTERRA Breathe® | 15mL
Feelings of easy breathing

- T Rub on chest or back
- A Diffuse at bedtime
- A Inhale directly from palms



DigestZen® | 15mL
Soothes stomach upset*

- I Add to water or tea
- T Rub on stomach
- I Take after a large meal



Peppermint | 15mL
Refreshing, cooling, invigorating

- T Apply to chest before exercise
- I Add a drop to your toothbrush
- T When tense, massage into temples



Lemon | 15mL
Cleansing, inside* and out

- I Add a drop to a glass of water*
- T Use to wipe down surfaces
- A Inhale to improve mood



Deep Blue® Rub
Soothes targeted areas

- T Massage into muscles
- T Use before or after working out
- T Apply after a long workday

WELCOME TO A LIFE OF
NATURAL SOLUTIONS

NATURAL SOLUTIONS



\$570 (400PV)
\$250 savings



doTERRA Balance® | 15mL
Grounds and balances emotions

- Ⓐ Inhale when feeling anxious
- Ⓐ Diffuse during meditation
- Ⓣ Apply to wrists for relaxation



doTERRA Serenity® | 15mL
Supports restful sleep

- Ⓐ Put a drop on your pillow
- Ⓣ Add to your evening bath
- Ⓣ Rub on your neck before bed



doTERRA On Guard® | 15mL
*Boosts immune system**

- Ⓐ Diffuse during fall and winter
- Ⓣ Rub on the bottoms of feet
- Ⓣ Add to water with honey to soothe throat*



doTERRA On Guard+ Softgels
*Powerful antioxidant defense**

- Take these vegetarian softgels when seasonal threats are high for additional immune support*



AromaTouch® | 15mL
Create the ultimate massage

- Ⓣ Rub on neck to lessen tension
- Ⓣ Add to your next massage
- Ⓣ Use with Epsom salts at bathtime



PastTense® | 10mL
Soothe tension

- Ⓣ Rub on temples for soothing sensation
- Ⓣ Apply to ease feelings of stress
- Ⓣ Massage into shoulders and neck

doTERRA On Guard Toothpaste
Cleans and whitens teeth naturally

- Brush morning and night for reduced plaque and whiter teeth



doTERRA On Guard Foaming Hand Wash
Gentle, cleansing, refreshing

- Work to a lather with warm water and rinse thoroughly



Fractionated Coconut Oil
Absorbent, light, and moisturizing

- Use this carrier oil to dilute essential oils before applying to young or sensitive skin



The Lumo® Diffuser
Transform any room

- Create an uplifting environment
- Purify the air in the kitchen or bathroom
- Use in your bedroom for relaxing atmosphere



doTERRA On Guard Sanitizer Spray
Moisturizes and sanitizes

- Use to kill 99.9 percent of germs and bacteria
- Take when traveling and on the go



doTERRA On Guard Mouthwash
Freshens breath and brightens smile

- Alcohol-free and formulated to reduce plaque and promote a healthy-looking mouth



doTERRA On Guard Beadlets
*On-the-go immune support**

- A convenient way to support the body and freshen your breath*

CHOOSE WELLNESS WITH EVERY DAY ESSENTIALS

NATURAL SOLUTIONS



\$570 (400PV)
\$250 savings



DigestZen TerraZyme®
*Promote healthy digestion**

- This supplement is a blend of whole-food enzymes to promote the healthy digestion of food*
- Take one to three capsules with meals throughout the day



PB Assist+®
Powerful pre-biotic and pro-biotic

- Promotes beneficial bacteria within the body*
- Take three times daily with food (10 days at a time) to promote optimal digestive function and immune support*



Microplex VMz®
Food nutrient formula of vitamins and minerals

Supports

- Healthy metabolism*
- Immune function*
- Cellular energy*



xEO Mega®
*Essential fatty acids and antioxidants**

Supports

- Healthy brain function*
- Cardiovascular system*
- Nervous system*
- Immune system*
- Joint health and mobility*



Alpha CRS+®
*Supports healthy cellular function**

Supports

- Healthy tissues and organs*
- Cellular function*
- Energy and vitality*
- Mental clarity and function*



dōTERRA Breathe® Vapor Stick
Cooling, invigorating vapor

- Use to create feelings of clear airways
- Apply before bed for cooling, soothing comfort
- Take when traveling for feelings of easy breathing



Correct-X®
Soothe the skin naturally

- This multi-purpose, natural ointment soothes and cleanses distressed skin



dōTERRA Shampoo and Conditioner
Cleanse and fortify hair

- Essential oil-infused formula for soft hair and healthy-looking scalp



dōTERRA® SPA Hand & Body Lotion
Indulge your skin

- Smooths and softens skin
- Has a light, non-greasy formula
- Blends well with essential oils



Your purchase **changes lives.**

The mission of dōTERRA is to change the world one drop at a time. When you buy from dōTERRA, you are supporting sustainable sourcing practices that help communities around the globe.

TRANSFORMING YOUR MIND,
BODY, AND HOME HAS NEVER
BEEN EASIER

NEW ENROLLMENT KITS



\$105 (70PV)
\$39 savings



Simple Solutions



\$350 (250PV)
\$90 savings

Healthy Home



\$249.00 (200PV)
\$83 savings

Healthy Essentials



\$160 (100PV)
\$25 savings

Healthy Start

\$195 (125PV)
\$75 savings



Healthy Habits



\$570 (400PV)
\$250 savings

Natural Solutions